

ACUTE OTITIS MEDIA (AOM)

TREATMENT

- Antibiotics e.g. Amoxicillin 90mg/kg/day for 10 days
- If allergic to Penicillin – Rulide D/Septin
- Analgesia e.g. paracetamol
- Local anaesthetic ear drops (if no perforation)
- If no improvement in 48 hours, Augmentin/Cefaclor
- Treatment of otorrhoea
 - Non-ototoxic topical antibiotic ear drops e.g. Ciproxin HC/Ciloxan ear

COMPLICATIONS

- Otorrhoea (if perforated ear drum)
- Chronic otitis media
- Otitis media with effusion
- Perforation
- Acute mastoiditis
- Facial nerve palsy
- Cholesteatoma
- Meningitis
- Sensorineural hearing loss

INDICATIONS FOR REFERRAL

- Persistent otitis media
 - If complications are suspected
 - Persistent otorrhoea after one week of treatment
 - Recurrent otitis media
 - 3 attacks in 6 months
 - 4-6 attacks in 12 months
 - presence of middle ear effusion for 3 months or longer
 - balance problems, speech/language delay
- Suspected cholesteatoma

