



PAEDIATRIC ENT SERVICES

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CAUTERY OF THE TURBINATES/TURBINOPLASTY

Some children with rhinitis have very enlarged inferior turbinates which can be reduced in size by surgery either alone, or in conjunction with other operations, e.g. tonsillectomy.

The operation causes the turbinates to swell and the nose will be runny, occasionally smelly, and after, the slough will appear as a white or pink lump in the nose. (This is not packing). Usually the slough is removed at the postoperative visit, and the nose should not be blown until that time (or 10 days), as it may separate early and bleed. Use of Drixine nose spray from your chemist will help reduce the swelling and any minor bleeding. Nozoil will help reduce any crusting Vaseline around the nasal openings will help any irritation in that area.

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